

## Benefits Summary

A summary of your benefit selections can be accessed via the myUFL portal. The summary provides a list of some UF and state plans, if applicable. To access the Benefits Summary page, go to [my.ufl.edu](http://my.ufl.edu) and use the following navigation:

1. Click the **NavBar** icon.
2. Click **Main Menu**.
3. Click **My Self Service**.
4. Click **Benefits**.
5. Click **Benefits Summary**.

The following are the UF and state plans that can be viewed through the portal. Plans not reflected in the Benefits Summary section can be viewed on your biweekly paycheck.

<b>UF Plans</b>	<b>State Plans</b>
Health	Health
Dental	Dental
Vision	Vision
Life	Life
Legal	Flex Spending
	Medical Reimbursement

## Date of Benefits

The benefits information displayed on the Benefits Summary page default to your current benefit elections. The "As Of" date can be changed to a specific date (past or future) when your benefit elections may be different from your current ones.



Benefits Summary  
Alligator, Albert

To view your benefits as of another date, enter the date and select Go.

10/27/2020

Figure 2: Benefits Summary Page, Date of Benefits

## For Additional Assistance:

### Technical Issues

The UF Computing Help Desk  
352-392-HELP  
[helpdesk.ufl.edu](http://helpdesk.ufl.edu)

### Policies and Procedures

Benefits  
(352)392-2477  
[Benefits@ufl.edu](mailto:Benefits@ufl.edu)